

Part 2 F.A.C.E. our Goliaths (Two Perspectives)

(Perspective #1)

Hello everyone!

Let's dive into this powerful message about facing our "Goliaths"—those challenges and obstacles in life that seem insurmountable.

The concept here is simple but profound: just as David faced Goliath in the **physical realm**, we face our own spiritual Goliaths in the **spirit realm**.

But instead of **physical** weapons, we're equipped with **spiritual** tools, inspired by **Ephesians 6:10-18**.

To F.A.C.E. our Goliaths, we need four key elements:

- 1. Faith** – Be fully convinced, like **Romans 4:20-21** reminds us. Faith is the foundation of everything.
- 2. Actions** – Faith without action is dead (**James 2:20**). Put what you know into practice!
- 3. Charged** – Stay spiritually energized by speaking in tongues (**1 Corinthians 14:4**). It's like recharging your battery.
- 4. Effective** – Be salt and light in the world (**Matthew 5:13**). Make a difference wherever you are.

This idea of "**type**" and "**antitype**" is also super helpful in understanding biblical parallels.

For instance, **David** is a type in the **Old Testament**, and **believers** are the antitype in the **New Testament**.

David used **physical** weapons, but **we** use **spiritual** ones—truth, faith, boldness, and more.

David was equipped, prepared, decisive, alert, bold as a lion, firm-footed, and full of truth and faith.

These qualities helped him defeat Goliath, and they can help us overcome our spiritual Goliaths too.

One key is to believe these truths and confess them out loud. **Romans 10:9-11** emphasizes how powerful confession is—it's not just about **believing** in your heart but also **declaring** it with your mouth.

Here's a practical exercise: Start confessing these truths over yourself daily. **For example:**

- "I am equipped (**Ephesians 4:11-12**)."
- "I am prepared (**1 Samuel 17:40-41**)."
- "I am bold as a lion (**1 Samuel 17:49**)."
- "I have faith like David (**1 Samuel 17**)."
- "I am like Jesus (**John 17:18**)."

When you believe and speak these things, you're **reinforcing** your spiritual armor and **preparing** to face whatever comes your way.

Now let's talk about those Goliaths. They can show up in different areas of life—marriage, children, job struggles, finances, emotions, social comparisons, or even world issues like fear or uncertainty. For each area, there's scripture to guide us and help us fight back spiritually:

- **Marriage** – **Malachi 2:16** reminds us of God's heart for unity.
- **Children** – **1 Corinthians 15:33** warns us about ungodly influences.
- **Job** – Believe God for change and trust His plan.
- **Finances** – **Psalms 37** encourages us to trust God rather than envy others.
- **Emotions** – **2 Corinthians 5:7** teaches us to walk by faith, not by sight.
- **World issues** – **Mark 4:18-19** warns against letting worldly cares choke out God's Word.

Whatever your Goliath looks like—whether it's indecisiveness, slothfulness, strife, or fear—you're not fighting alone.

You've got spiritual weapons to pull down strongholds (**2 Corinthians 10:3-6**) and **wisdom** from above to guide you (**James 3:17-18**).

So here's the takeaway: Start believing in your heart and confessing with your mouth that you're equipped to face whatever comes your way.

Speak life over yourself and your circumstances. And remember, no one who believes in Him will ever be put to shame (**Romans 10:11**).

You've got this **only** in Jesus' name! Stay bold, **stay** faithful, and **stay** charged up. Let's face those Goliaths head-on!

Perspective #2

F.A.C.E. Our Goliath: A Spiritual Approach to Overcoming Challenges

In life, we often encounter obstacles that seem insurmountable—our personal Goliaths. Whether these challenges manifest in relationships, careers, finances, or spiritual growth, they can feel overwhelming.

However, just as David faced Goliath in the physical realm, believers are equipped to confront their Goliaths in the spiritual realm.

By employing the principles of F.A.C.E.—**Faith**, **Actions**, **Charged**, and **Effective**, we can overcome these challenges and walk in victory.

Understanding the Concept of 'Type' and 'Antitype'

The Bible is rich with **symbolism** and **parallels** between the Old and New Testaments.

The concept of "**type**" and "**antitype**" is central to understanding how biblical events prefigure spiritual truths.

A "**type**" refers to a person, place, or thing in the Old Testament that foreshadows a corresponding "**antitype**" in the New Testament. For example:

- **Type**: The innocent **lamb** sacrificed for the guilty in the **Old Testament**.
- **Antitype**: Jesus, the **Lamb** of God, sacrificed for the forgiveness of sins in the **New Testament**.

This principle is evident in the account of David and Goliath. **David** is a "**type**" in the **Old Testament**, representing courage, faith, and reliance on God.

Believers are the "**antitype**" in the **New Testament**, called to embody these same qualities as we face spiritual battles.

F.A.C.E.: The Four Pillars of Victory

To confront our Goliaths effectively, we need to **integrate the four pillars of F.A.C.E.** into our lives:

1. Faith

Faith is the foundation for victory. **Romans 4:20-21** emphasizes being fully convinced of God's promises.

David's unwavering trust in God enabled him to defeat Goliath. Similarly, believers must **cultivate** faith by trusting in God's Word and promises.

2. Actions

Faith without action is incomplete (**James 2:20**). David took **deliberate** steps, choosing **five smooth stones** and confronting Goliath boldly.

Believers must translate knowledge into action, applying biblical principles to real-life situations (**Hebrews 4:2**).

3. Charged

Staying spiritually charged is essential for endurance. **1 Corinthians 14:4** highlights the importance of speaking in tongues to edify oneself.

This spiritual discipline keeps believers connected to God and empowered to face challenges.

4. Effective

Believers are called to be **salt** and **light** in the world (**Matthew 5:13**).

Effectiveness comes from living out our faith authentically, influencing others positively, and standing firm against spiritual opposition.

Lessons from David's Battle with Goliath

David's encounter with Goliath provides a **blueprint** for spiritual warfare. When he faced Goliath, **David was:**

- **Equipped:** He chose his weapons wisely (**1 Samuel 17:40-41**). Believers are equipped with spiritual weapons (**Ephesians 6:10-18**).
- **Prepared:** David's confidence stemmed from his **past victories** over lions and bears (**1 Samuel 17:37**). Preparation through prayer and study strengthens believers.
- **Decisive:** He confronted Goliath **without hesitation** (**1 Samuel 17:32**). **Decisiveness** reflects trust in God's guidance.
- **Alert:** David was quick to act when the opportunity arose (**1 Samuel 17:48**). **Spiritual alertness** helps believers recognize and respond to challenges.
- **Bold as a Lion:** His courage came from his faith in God (**1 Samuel 17:49**). Boldness is a hallmark of a believer rooted in truth.

- **Firm Footed:** **Psalm 121:3** reminds us that God keeps our feet from slipping. David's steady stance reflects confidence in divine protection.

- **Like Jesus:** David's actions foreshadow Jesus' ultimate victory over sin and death (**John 17:18**).

Confessions of Faith: Speaking Victory into Existence

Romans 10:9-11 underscores the power of confession. Believers are encouraged to declare their faith audibly, aligning their words with biblical truths.

By confessing attributes such as being equipped, prepared, decisive, alert, bold, faithful, truthful, firm-footed, and Christ-like, we reinforce our identity in Christ and affirm our victory.

Examples of confessions include:

- "**I am** equipped with spiritual tools to overcome challenges (**Ephesians 4:11-12**)."
- "**I am** bold as a lion, trusting in God's strength (**1 Samuel 17:49**)."
- "**I am** firm-footed and will not slip because God sustains me (**Psalm 121:3**)."

Through consistent confession and belief, we strengthen our spiritual resolve and position ourselves for triumph.

Identifying and Overcoming Spiritual Goliaths

Our Goliaths may take **various forms**—relationships, finances, careers, or personal struggles.

Some examples include:

- 1. Marriage:** Strife or divorce can be a significant challenge. **Malachi 2:16** reminds us, that God values unity in marriage.
- 2. Children:** Ungodly influences can lead children astray. Believers are called to guide their families with wisdom (**1 Corinthians 15:33**).
- 3. Church:** Stagnation or lack of progress can hinder spiritual growth. **Galatians 5:7** encourages believers to stay on course.
- 4. Job:** Ungodly environments may require believers to trust God for change.
- 5. Spirit:** Slothfulness can impede spiritual growth (**Proverbs 12:27**).
- 6. Soul:** False reasoning (**2 Corinthians 10:3-6**), lack of self-control (**Proverbs 25:28**), or unchecked emotions (**2 Corinthians 5:7**) can become obstacles.
- 7. Social Issues:** Comparing ourselves to others can lead to dissatisfaction (**Galatians 6:4**).

8. Finances: Envy over others' success can distract us from trusting God's provision (Psalm 37:1-5).

9. Direction: Indecisiveness can hinder progress (James 3:17-18).

10. World Issues: The cares of this world can weigh us down spiritually (Mark 4:18-19).

Practical Steps to Confront Goliaths

To face these challenges effectively:

1. Identify Your Goliath: Recognize areas where you feel overwhelmed or defeated.

2. Apply F.A.C.E.: Strengthen your faith, take action based on biblical truths, stay spiritually charged, and live effectively.

3. Confess Victory: Speak God's promises over your situation daily.

4. Use Spiritual Weapons: Ephesians 6:10-18 outlines tools such as prayer, Scripture, and righteousness.

5. Stay Alert: Be vigilant in recognizing spiritual attacks and opportunities for growth.

Conclusion

David's victory over Goliath serves as both inspiration and instruction for believers facing their own battles.

By embracing the principles of F.A.C.E., we can confront our challenges with faith, action, spiritual empowerment, and effectiveness.

As we align ourselves with God's Word and confess victory over our circumstances, we position ourselves for triumph **in Christ**.

Remember that no Goliath is too great when we stand firm in Christ—bold as lions and equipped with spiritual weapons for every battle ahead.

Let us face our Goliaths with confidence, knowing that **through Christ** we are more than conquerors (Romans 8:37).

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